

Woody Aths - Cross Country

Week:	Five
Date:	17th May 2024
Location:	Haddom Dam Relay

Woodyaths run last week was the Dam Relay in the Haddom Common.

Fastest Times:

U6: Reggie C; u8: Theo E ; u10: Declan E ; u12: Huon A; u14: Lachlan A

Relay Winners:

1st Sullivan & Alby M, 2nd Huon & Lachlan A, 3rd Brylee & Aurora W

Junior Handicap Winners:

1st Brylee W, 2nd Alby M, 3rd Alyssa E

Senior Handicap Winners:

1st Ava A, 2nd Lachlan A, 3rd Huon A

All results are displayed on our website: <http://woodyathletics.org.au/results/>

All runners go into the chocolate draw.

This weeks draw winners was Reggie C.

Name	Age	Dist	Time	HCP	Race Time	VARs	King&Queen
						Time p/100m	
Alyssa E	u6	500	3.26	16.41	20.07	0.412	0.43
Brylee W	u6	500	3.31	15.51	19.22	0.422	
Lacey B	u6						
Nate M	u6						
Reggie C	u6	500	3.19	17.38	20.57	0.396	
Alby M	u8	1120	7.41	11.54	19.35	0.412	
Aurora W	u8	1120	8.55	12.25	21.2	0.478	0.475
Benji F	u8	1120	7.06	13.53	20.59	0.38	0.42
Evie C	u8	1120	8.06	13.16	21.22	0.434	0.454
Lachlan H	u8						
Theo E	u8	1120	7.05	14.46	21.51	0.379	0.36
Annabelle F	u10	1120	8.13	12.38	20.51	0.44	0.6
Declan E	u10	1120	5.41	14.36	20.16	0.304	0.316
Dempsey M	u10	1120	7.59	14.26	22.25	0.428	
Leroy B	u10	1120	5.45	14.3	20.15	0.308	0.331
Nellie W	u10						
Winter M	u10	1120	7.59	13.02	21.01	0.428	0.48
Fletcher M	u12	2450	13.06	7.35	20.41	0.321	0.384
Huon A	u12	2450	12.51	7.28	20.19	0.315	0.335
Jed B	u12	2450	15.51	8.05	23.04	0.367	0.302
Lucas E	u12	2450	13.41	6.54	20.35	0.335	0.37
Pippa W	u12						

Ava A	u14	3500	17.07	2.44	19.51	0.293	0.348
Ruby A	u14	3500	19.18	2.09	21.27	0.331	0.351
Lachlan A	u14	3500	14.53	5.25	20.18	0.255	
Sullivan M	u14	3500	16.49	4.5	21.39	0.288	0.297

